

# The Ultimate Guide to Summer in the White Mountains

The White Mountains of New Hampshire are a popular destination for outdoor enthusiasts of all ages. With towering peaks, pristine lakes, and miles of hiking trails, there's something for everyone to enjoy. Summer is the perfect time to visit the White Mountains, when the weather is warm and the days are long.



## A White Mountain Summer: A Historical Society Collection Novella (The Historical Society Collection

**Book 2)** by EP Laferriere

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## Hiking

Hiking is one of the most popular activities in the White Mountains. There are trails for all levels of hikers, from easy walks to challenging climbs. Some of the most popular hiking trails in the White Mountains include:

- Mount Washington: The highest peak in the Northeast, Mount Washington is a challenging but rewarding hike. The summit offers stunning views of the surrounding mountains and valleys.
- Mount Chocorua: Another popular hike, Mount Chocorua offers a variety of trails to choose from. The summit provides panoramic views of the Saco River Valley.
- Bald Mountain: A shorter and easier hike, Bald Mountain is a great option for families with young children. The summit offers views of Lake Winnepesaukee and the surrounding mountains.

## **Camping**

Camping is another great way to experience the White Mountains. There are many campgrounds located throughout the region, offering a variety of amenities. Some of the most popular campgrounds in the White Mountains include:

- Dolly Copp Campground: Located in the heart of the White Mountains, Dolly Copp Campground offers a variety of campsites, from primitive tent sites to RV hookups. The campground is also home to a swimming pool, a playground, and a camp store.
- White Lake State Park: Located on the shores of White Lake, White Lake State Park offers a variety of campsites, as well as swimming, fishing, and boating opportunities. The park is also home to a hiking trail that leads to the summit of Mount Chocorua.
- Crawford Notch State Park: Located in the Crawford Notch, Crawford Notch State Park offers a variety of campsites, as well as hiking, biking, and rock climbing opportunities. The park is also home to the

Mount Washington Cog Railway, which offers a scenic train ride to the summit of Mount Washington.

## **Swimming**

The White Mountains are home to many beautiful lakes and ponds, which offer a great place to swim and cool off on a hot summer day. Some of the most popular swimming spots in the White Mountains include:

- **Lake Winnepesaukee:** The largest lake in New Hampshire, Lake Winnepesaukee is a popular spot for swimming, boating, and fishing. The lake is also home to several beaches, including Weirs Beach and Meredith Bay.
- **Squam Lake:** A smaller but equally beautiful lake, Squam Lake is a great place to swim, fish, and kayak. The lake is also home to several islands, which are perfect for picnicking and camping.
- **Echo Lake:** Located in Franconia Notch State Park, Echo Lake is a popular spot for swimming and fishing. The lake is also home to a hiking trail that leads to the summit of Mount Lafayette.

## **Fishing**

The White Mountains are home to many rivers and streams, which offer a great place to fish for trout, salmon, and bass. Some of the most popular fishing spots in the White Mountains include:

- **Saco River:** The Saco River is a popular spot for fly fishing, and is home to a variety of trout species. The river flows through the White Mountains and into Maine.

- **Androscoggin River:** The Androscoggin River is another popular spot for fly fishing, and is home to a variety of trout and salmon species. The river flows through the White Mountains and into Maine.
- **Connecticut River:** The Connecticut River is a large river that forms the border between New Hampshire and Vermont. The river is home to a variety of fish species, including trout, salmon, and bass.

## **Attractions**

In addition to the many outdoor activities that the White Mountains have to offer, there are also a number of attractions in the region. Some of the most popular attractions in the White Mountains include:

- **Mount Washington Cog Railway:** The Mount Washington Cog Railway is a scenic train ride that takes visitors to the summit of Mount Washington. The train ride is a great way to experience the beauty of the White Mountains without having to hike to the summit.
- **Franconia Notch State Park:** Franconia Notch State Park is a popular destination for hikers, climbers, and sightseers. The park is home to a variety of natural attractions, including the Flume Gorge, the Basin, and the Old Man of the Mountain.
- **White Mountain National Forest:** The White Mountain National Forest is a vast forest that covers much of the White Mountains. The forest is home to a variety of hiking trails, camping areas, and scenic drives.

The White Mountains of New Hampshire are a great place to visit during the summer months. With so much to see and do, there's something for everyone to enjoy. Whether you're looking for a challenging hike, a relaxing

swim, or a fun-filled day at an amusement park, the White Mountains have it all.



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